



# I PROMISE TO SAY “YES” TO LIFE AND “NO” TO AN ARTIFICIAL HIGH

**MY NATURAL HIGH IS**

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**I PLEDGE TO LIVE NATURALLY HIGH BECAUSE**

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\_\_\_\_\_  
Your Signature

\_\_\_\_\_  
Your Name

\_\_\_\_\_  
Date

**TAKE THE PLEDGE**

Learn More at [NaturalHigh.org](http://NaturalHigh.org)

#LIVENATURALLYHIGH